

# TRAMMEZINIS



Chicken and mayonnaise	65
Bacon, avocado, peppadew & mozzarella	80
Ham, cheese & tomato	60
Sun-dried tomato, cream cheese, basil pesto & avo	80
Peanut butter, fried banana, streaky bacon & syrup	70

TRAMEZZINI CHIPS **R15**

# FLAME GRILLED KEBABS

All our Kebabs are flame-grilled and served with our 34 South chips, deep-fried onion rings & topped with sweet chilli mayo

<b>Beef</b>	145
300g Matured beef sirloin skewered with peppers and onion, grilled and basted with BBQ sauce .	
<b>Chicken</b>	115
300g Fresh chicken, served with pineapple, green pepper and onion, grilled and basted with your choice of BBQ or Peri-Peri sauce.	
<b>Ostrich</b>	165
300g Ostrich fillet skewered with peppadew, pineapple, grilled and basted with BBQ and sweet chilli sauce.	

# BURGERS & CHIPS

<b>Beef</b>	99
Homemade, 200g pure beef patty with 34 South attitude, flame grilled and served on a toasted seed bun, with lettuce, tomato, onion & tomato relish.	
<b>Cheese</b>	110
<b>Bacon and Avo Salsa</b>	125
<b>Jalapeno Bites and Cream Cheese</b>	125
<b>Green Fig and Camembert</b>	125
<b>Chorizo and Caramelised onions</b>	125
<b>Chicken Burger</b>	95
Flame grilled chicken breast with BBQ basting served on a toasted sesame bun with lettuce, tomato, onion, pineapple and homemade herb mayonnaise.	
<b>Calamari Burger</b>	110
Crumbed and fried Calamari steak with slaw, gherkins & homemade creamy mayo sauce served on a toasted sesame bun.	
<b>Prego Steak Roll</b>	99
150g Karan beef sirloin, matured for a minimum of 45 days, basted with 34 South peri-peri sauce and served on a fresh panini with lettuce, tomato & caramelised onion.	

# ALL DAY BREAKFAST

<b>Cappuccino with Choice of Pastries</b>	<b>34</b>
Choose between a savoury croissant, 3 mini Danishes or rusks.	
<b>Freshly-baked Croissant</b>	<b>45</b>
Served with Gouda cheese and homemade jam	
<b>Folded Flat Bread Breakfast</b>	<b>95</b>
Filled with crispy streaky bacon, soft poached egg, zesty avo and char-grilled cocktail tomatoes (optional - cream cheese and/or Manie's Muti)	
<b>Toast Platter &amp; Cappuccino</b>	<b>65</b>
Assorted toasted freshly baked breads. Served with cheese, Bovril and Anchovette	
<b>Bruschetta Platter</b>	<b>55</b>
Zesty avo, Italian salsa, smoked trout and cream cheese	
<b>Banana Flap Jack</b>	<b>75</b>
Served with crispy streaky bacon, banana, cinnamon & maple syrup	
<b>Gourmet Salmon Bagel/Croissant</b>	<b>110</b>
Freshly baked bagel or croissant topped with lightly smoked salmon, wasabi cream cheese, julienne veg, pickled ginger and avocado	

<b>34 South Breakfast (08:30 - 11:30)</b>	<b>80</b>
2 eggs scrambled or fried, 4 rashers of streaky bacon, fried tomato, 34 South chips, freshly toasted bread and homemade jam	

<b>GOURMET OMELETTES (08:30 - 11:30)</b>	<b>44</b>
Fluffy 3 egg omelette served with toast and home-made jam.	

**ADD FILLING OF YOUR CHOICE**

Fresh tomato	10	Gouda cheese	25
Onion slivers	10	Danish feta	25
Mixed peppers	18	Mexican mince	25
Mushrooms	22	Gypsy ham	25
Fresh avocado	25	Bacon	25

**FRUIT SALAD BAR R20/100G**

Create your own fruit salad from our seasonal fruits available.



**DAILY FRESH JUICE R25**

